



WESTWATER WELLNESS CENTER

at Sierra Ridge Academy



Providing comprehensive behavioral health and prevention services to youth and families in need



The Westwater Wellness Center is a 5,000 square foot building designated specifically for behavioral health services for clients. In addition to nine therapeutic offices, the Westwater Center has a large conference room, which will be utilized for CFT meetings, clinical staffings, as well as for staff trainings and supervision. The building has a lounge for additional group therapy and team building with clients and staff.

Services



- Assessment
- Individual Therapy
- Trauma Treatment
- Drug and Alcohol Counseling
- Family Therapy
- Family Preservation Services
- Family Reunification Services
- Crisis Intervention Services
- Specialized Treatment Services
- Group Therapy (Including but not limited to)
 - Cognitive Behavioral Interventions for Substance Abuse
 - Aggression Replacement
 - Seeking Safety